

## AROGYA SEVIKA PRASHIKSHAN VARG, JHARKHAND

**Camp held on** 10.05.2014 & 11.05.2014

### VENUE

Arogya Bhawan Kothi no. – 38, Arogya Bhawan -1, Bariyatu Road, Ranchi, Anchal – Ramgarh, Sanch Gola – 6 Sevikas, Anchal Lohardaga, Sanch Bhandra – 6 Sevikas

### HIGHLIGHT

- i. Inauguration by Chief Guest Dr. Suresh Agarwal by deep prajwalan & Prarthana. Dr. Suresh Agarwal (MS Surgeon), a very senior doctor who has expertise in Ayurved and running his own Ayurvedic Hospital at Ranchi. Introduction of all Sevika, Purnkaliks and other was done.
- ii. First half (10 to 1 pm) was devoted on home remedies through plants by Dr. Suresh Agarwal.
- iii. Post lunch session was engaged by Dr. Satapthy on home remedies and Sri Rajnathjee on Abhyas Varg was done.

On 11/05/2014

Started 10 am all were present:-

After Prarthana first half was engaged by Dr. Suresh Agarwal on home remedies.

After lunch from 3 pm to 6 pm Abhyas varg by sri Rajnath Jee and Sri Ajeet Jee was taken.

The following topics were explained to participants.

Sr. No.	Description of Subject	Faculty
1	Introduction of Ayurveda	Dr. Suresh Agarwal
2	Use of Sindwar leaf in bodyache and throat	Dr. Suresh Agarwal
3	Use of Beng Sag in Leprosy, Skin disease and Diarrhea	Dr. Suresh Agarwal
4	Making process of Sindwar Cream and Steam inhalation	Dr. T. N. Satpathy
5	Use Turmeric and kalmegh for worms	Dr. T. N. Satpathy
6	Evaluation	Shri. Rajnath Mahto
7	Use of Amrita in fever Leucorrhoea & burning in urine	Dr. Suresh Agarwal
8	Use of Khapada Sag in Swelling of legs burning in Urine	Dr. Suresh Agarwal
9	Use of Harsingar in fever and food poisoning	Dr. Suresh Agarwal
10	Use of Gritkumari in burns constipation Leucorrhoea	Dr. Suresh Agarwal
11	Use Bakas leaves in cough	Dr. Suresh Agarwal
12	Abyas Varg	Shri. Ajit Mahto

The following persons were present:-

- i. Dr. Suresh Agarwal - Trainer
- ii. Dr. M.S. Bhatt - President
- iii. Dr. Mukul Bhatia - National Coordinator
- iv. Dr. T.N. Satpathy - Joint National Coordinator

#### **PURNKALIK KARYAKARTAS**

- i. Sri Rajnath Mahto - C.T.O Member
- ii. Sri Ajeet Mahto - Bhag Arogya Yojana Pramukh
- iii. Sri Dhaneshwar Sahu - Bhag Arogya Yojana Pramukh
- iv. Sri Arun Sahu - Anchal Arogya Yojana Pramukh
- v. Sri Dolat Mahto - Anchal Arogya Yojana Pramukh

**NAME OF SEVIKA**

- i. Subhadra Devi
- ii. Savitri Devi
- iii. Nirmala Devi
- iv. Prabhawati Devi
- v. Babita Devi
- vi. Vinita Devi
- vii. Sangeeta Devi
- viii. Saraswati Devi
- ix. Manisha Devi
- x. Poonam Devi
- xi. Pramila Devi
- xii. Purnima Kumari



**Dr. Suresh Agrawal teaching to Arogya Sevikas about Ayurvedic Medicine**



**Mrs. Bhatt distributing Ayurvedic Medicine**



**Photograph of all Sevikas, Doctors and Others**